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# **Eco Safe Way To Get Rid Of Bed Bugs**

## Eco Safe Way To Get Rid Of Bed Bugs



[caption id="attachment\_106" align="alignleft" width="76" caption="eco safe bedbug removal"]  
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Bed bugs have become an increasingly large problem for many people. The real challenge is that very few people have an interest in exposing themselves or their children to highly toxic chemicals which are traditionally utilized to get rid of bed bugs. The great news is that there is a quick and easy **eco-safe pest control** system that can be utilized to get rid of **bed bugs**.

Generally speaking, **bed bugs** are very sensitive to heat. In fact, raising the temperature in which they are located to at least 113°F has a nearly 100% chance of getting rid of the problem. How you accomplish this as it relates to bed sheets? Place the affected bedsheets into your washer or into a large container if you don't have a washer. Boil as much water as possible using separate pots if necessary. Boiling water is 212°F and it will take a while for it to cool down to 113°F -- more than enough time to kill **bedbugs** in one's sheets.

You can also purchase some **eco safe pest control** enzyme cleaners that are incredibly effective a helping to get rid of **bed bugs**. So the combination of hot water in this particular type of cleaning solution virtually guarantees that all of your bed sheets will be clean. How about the mattress?

There are basically two approaches to dealing with the problem of **bed bugs** that have infested the mattress. To the extent the mattress itself is fairly old and in need of being replaced, this might be a perfect opportunity to do so. However, there are some other options that you can pursue if you want to try to keep the mattress.

You can start by utilizing a hand-held steam cleaner to thoroughly steam the entire area around the mattress, including any crevices. Some experts also recommend utilizing a blow dryer to apply concentrated doses of heat throughout the mattress. What you may ultimately choose to do is purchase special hypoallergenic plastic wrappers that can be placed around the entire mattress and zipped shut. Placing two of these over a mattress will essentially seal it so that the **bedbugs** that may remain do not become an issue for people who are sleeping on the bed.

As you can see, these suggestions will represent an **eco safe** way to get rid of **bed bugs**. Best of all, you are saving yourself a lot of money by avoiding dangerous pesticides that not only poison the environment, but that could have negative health consequences for you and those who inhabit your home over the long term.

by Chad Peterson

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